



VALLEY-WIDE ELITE ATHLETICS
Season |2025-2026|
Competition Full Season Teams

INFORMATION PACKET

Coach Heidi
Email: VWEGcompparent.com
Phone: (915) 443-6003



01

Dear VWEA Families,

Thank you for your interest in the VWEA competition program! Competitive gymnastics, cheer, and acrobatics offer a transformative journey that shapes an athlete's character through teamwork, structure, and discipline. Along the way, athletes develop the skills needed to overcome challenges and form lasting bonds. We are excited for our 2025-2026 competition teams and eager to share our passion for these sports while inspiring athletes to reach their full potential. Our dedicated coaches are committed to creating a safe environment for your athlete, both physically and mentally. They will encourage your athlete to master new skills while fostering values such as sportsmanship, self-esteem, and self-worth.

The information in the following packet will help families understand the commitment required from both athletes and parents. Please take the time to read it thoroughly. We hope this packet provides valuable insights and answers any questions you may have about our competition teams. However, if you have additional questions, please don't hesitate to contact us at: VWEAcompparent@gmail.com

Sincerely,
VWEA Staff



Every Athlete Makes A Team

The evaluation process will consist of tumbling skills, jumps, leaps, and cheer/gymnastics/dance motions. During this time coaches will evaluate each athlete's work ethic, skills, and coachability.

These characteristics will be the basis for placements on the VWEA Competition teams.

Evaluation Process: Follow the Steps Below

STEP 1: REGISTER FOR EVALUATION

Register by clicking the link below you will be charged a \$24 non-refundable evaluation fee, this includes the evaluation fee and a t-shirt. (the t-shirt will be given out the day of team reveal).

Enrollment:

- Go to: <https://www.valleywideelite.com/>
- Select "Parent Portal"
- Create a Family Profile
- Enroll in May 10th Competition Team Evaluations

OR Click on
the link

CLICK HERE



STEP 2: ATTEND EVALUATION DATE

May 10th 8:30am - 9:30am: Athletes Should Wear The Following: Black Athletic Shorts, Black Sports Bra, Black Leotard, or ANY VWEA Practice Wear or T-shirt. Hair In Ponytail or Bun, No Jewelry. **Bring A Printed Copy Of Your Evaluation Form Found At The End Of This Packet.**

STEP 3: COMPLETE COMMITMENT PACKET

Our Staff Will Email Placements Following The Completion Of Evaluations No later than Tuesday 13th. In Your Placement Email You Will Receive Our Program Policies, Available Teams And Practice Times For Your Athlete, Parent Handbook, Commitment Contract.

Fill Out Athlete And Parent/Guardian information As Well As Agree To Program Policies And Financial Commitment For the Season.

Team Reveal

Thursday June 5th 5:10 - 6:10pm

Announcement Of Teams, Team Names, and Team Theme For The Season! Meet the coaches, teammates, and photo ops!

Parent meeting: will immediately follow the team reveal **MUST** have printed signed Commitment Contract

Uniform Fitting: During June

Contracts and initial payment will be due on the day of team reveal

03

Teams & Levels

TeamGym is a competitive sport within the Gymnastics For All discipline of USA Gymnastics. Athletes compete in groups of 6-14, called Squads. Each Squad performs a Jump, vault, tumbling pass and a Floor Routine. The combined score from both Jump, tumbling passes, and Floor are added together for each Squad.

Levels 1

cartwheels, front and back rolls, straight - star - tuck jumps, learning to preform, correct body positions, run hurdle, L-handstands, leaps

Level 2

building upon level 1: round off, running tumbling passes, hold handstand for 5 secs, front and back walk overs, leap transitions, one handed cartwheels handstand forward roll

Levels 3

building upon level 2 skills: front tucks, back and front handsprings, straddle jump, fly spring, turning leaps and jumps, dive rolls, walking handstand, back roll to plank, full turns

Levels 4

building upon level 3 skills: back tucks, whips, layouts, use of vault tongue, double turns, switch leaps

Cheer is a competitive sport that performs rolls, flips, cartwheels, round offs, back handsprings, back tucks tumbling passes, stunts, pyramids, Jumps and dance moves in a 2-2:30 routine. Division is Non-Affiliated All Star Cheer.

Level 1

Tumbling skills: rolls, cartwheels, round-offs, front and back walkovers, bridge and kickovers.
Jumps: Toe touch, pick, tuck, hurdler
Beginning to intermediate stunts and pyramids, age appropriate dance moves

Level 2

building on level 1: back handsprings, advanced stunting (including one-legged stunts), and jumps, while also developing team dynamics and collaboration.

YCADA NA Cheer Levels and Divisions will be assigned once teams are established.

Acrobatic Dance: is a team of athletes that competes a routine of standing and running tumbling, turns, jumps, group stunts. The routine is themed and may include props.

Athletes will be placed according to skill level on day of evaluation

Competitive Cheer Teams

Season June - May

Cost:

Level 1 Monthly Tuition: \$159 per month

1 x per week 60 minutes and 1 Saturday a month for 2 hours

Level 2 Monthly Tuition: \$169 per month

1 x per week 90 minute and 1 Saturday a month for 2 hours

Uniform Package: \$575 (Broken into 3 payments of \$191.66 due on (6/15, 7/15, 9/15)

Includes: warm-up jacket, warm-up pants, practice wear set (shorts, sports bra, shirt or tank), full-size backpack, bow, sweatshirt, power infused printed competition shell, skirt, competition bow, and cheer shoes.

Male Package: \$375 (Broken into 3 payments of \$125 due on (6/15, 7/15, 9/15)

Includes: warm-up jacket, warm-up pants, practice wear set (shorts, t-shirt), full-size backpack, sweatshirt, reversable uniform, cheer shoes.

Season Fees: \$672 (Broken into 4 payments of \$168 due on 10/15, 11/15, 1/15, 3/15)

Does not include additional cost for Nationals in Las Vegas

This includes one performance, two limited travel cheer competition, end of year recital, coaches time and travel costs, customized music, choreography, yearly registration fee, one non travel camp and one travel camp.

Not Included If team qualifies for Nationals in Las Vegas cost: \$165

NOT INCLUDED IN SEASON TUITION OR FEES:

Any entrance fees and travel costs for performances and competitions.

Competition Makeup (Must be purchased by November 1st):

Maybelline SuperStay Vinyl Ink Liquid Lipstick: Lippy

Maybelline Expert Wear Eyeshadow Quads: Charcoal Smokes

Covergirl Cheekers: Natural Twinkle

Additional tumbling classes and private lessons are not required but are strongly encouraged.



05

TeamGym Level I Season June - May

Cost:

Level 1 Monthly Tuition: \$159 per month

1 x per week 60 minutes and 1 Saturday a month for 2 hours

Uniform Package: \$ 603.17 (*Broken into 3 payments of \$200 due on 6/15, 7/15, 9/15*)

Includes: warm-up jacket, warm-up pants, practice leotard, sports bra, full-size backpack, bow, sweatshirt, shirt or tank top competition leotard (lots of sparkle, mesh long sleeves, two tone, metallic material).

Male Package: \$375 (*Broken into 3 payments of \$125 due on (6/15, 7/15, 9/15)*)

Includes: warm-up jacket, warm-up pants, practice wear set (shorts, t-shirt), full-size backpack, sweatshirt, male competition pants and shirt.

Season Fees: Total: \$764 (*Broken into 4 payments of \$191 due on 10/15, 11/15, 1/15, 3/15*)

This includes one performance, two limited travel meets, end of year recital, coaches time and travel costs, customized music, choreography, yearly registration, one non travel camp, three travel skills camps.

NOT INCLUDED IN SEASON TUITION OR FEES:

USA Gymnastics Athlete Yearly Membership: \$69 (due September 1st)

Any entrance fees and travel costs for performances and competitions

Additional tumbling classes and private lessons are not required but are strongly encouraged, if the athlete is not meeting required skills or planning to tryout for a higher level next season recommend.



06

TeamGym Level 2, 3, 4

Season June - May

Cost:

Level 2 Monthly Tuition: \$200 per month

1 x per week 60 minutes practice

1 x 60 minute tumbling class (Integrated specialized training in tumbling recreation class)

1 Saturday a month for 2 hours team practices

Level 3 Monthly Tuition: \$250 per month

1 x per week 90 minutes practice

1 x 60 minute tumbling class (Integrated specialized training in tumbling recreation class)

1 Saturday a month for 2 hours team practices

Level 4 Monthly Tuition: \$260 per month

1 x per week 90 minutes practice

1 x 90 minute tumbling class (Integrated specialized training in tumbling recreation class, last 30 mins only team athletes)

1 Saturday a month for 2 hours team practices

Uniform Package: \$ 603.17 (Broken into 3 payments of \$201.05 due on 6/15, 7/15, 9/15)

Includes: warm-up jacket, warm-up pants, gymnastics shorts, competition shirt, sports bra, full-size backpack, bow, sweatshirt, practice leotard, competition leotard (lots of sparkle, mesh long sleeves, two tone, metallic material).

Male Package: \$375 (Broken into 3 payments of \$125 due on (6/15, 7/15, 9/15)

Includes: warm-up jacket, warm-up pants, practice wear set (shorts, t-shirt), full-size backpack, sweatshirt, male competition pants and shirt.

Season Fees: Total: \$1,054 (Broken into 4 payments of \$263.50 due on 10/15, 11/15, 1/15, 3/15)

This includes one performance, two limited travel meets, and one out of state (Las Vegas, Mega Meet), end of year recital, coaches time and travel costs, customized music, choreography, yearly registration fee, one non-travel camp, three travel camps.

***Not Included If team qualifies for Nationals in Rancho Mirage cost: \$135 ***

NOT INCLUDED IN SEASON TUITION OR FEES:

USA Gymnastics Athlete Yearly Membership: \$69 (due September 1st)

Any entrance fees and travel costs for performances and competitions

Additional tumbling classes and private lessons are not required but are strongly encouraged, if the athlete. If your athlete is not meeting required skills or planning to tryout for a higher level next season extra practice is recommended.

07

Acrobatic Dance Team **Season June - May**

Competitive team that will perform tumbling skills, flexibility skills, group stunts, turns, jumps, leaps in a choreographed routine to music

Cost:

Level 1 Monthly Tuition: \$159 per month

1 x per week 60 minutes and 1 Saturday a month for 2 hours

Uniform Package: \$502 (*Broken into 3 payments of \$167.32 due on 6/15, 7/15, 9/15*)

Includes: warm-up jacket, warm-up pants, practice leotard, sports bra, full-size backpack, bow, sweatshirt, shirt, competition unitard

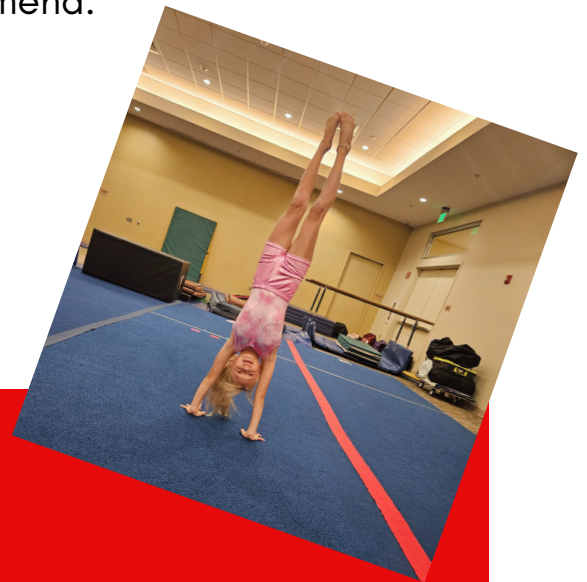
Season Fees: Total: \$415 (*Broken into 4 payments of \$103 due on 10/15, 11/15, 1/15, 3/15*)

This includes one performance, two limited travel competitions, end of year recital, coaches time and travel costs, customized music, choreography, yearly registration, one non travel camp.

NOT INCLUDED IN SEASON TUITION OR FEES:

Any entrance fees and travel costs for performances and competitions

Additional tumbling classes and private lessons are not required but are strongly encouraged, if the athlete is not meeting required skills or planning to tryout for a higher level next season recommend.



08

Double Dipper Program

Season June-May

This program allows athletes to compete in two different levels of TeamGym or join our Competitive Cheer or Acrobatic Dance Team!

Two Teams (athlete competes on 2 TeamGym teams or TeamGym & Cheer or any other combination of 2 teams)

Additional Monthly Tuition: \$55 per month

(This does not include additional weekly tumbling practice or Saturday practice time, **only** weekly team practice)

The discounted double dipper amount will be applied to the lesser monthly tuition.

For example: my child is competing Level 2 and Level 3 TeamGym, the \$55 tuition amount will be applied for the level 2 tuition. Or my child is competing on level 2 TeamGym and cheer, the \$55 tuition amount will be applied for cheer tuition.

Additional Uniform Fees:

Cheer: Uniform Package: \$296.32 (Broken into 3 payments of \$98.77 due on 6/15, 7/15, 9/15)

Includes: power infused printed competition long sleeve shell, skirt, competition bow, and cheer shoes, practice wear set

Male Package: \$182 (Broken into 3 payments of \$60.67 due on (6/15, 7/15, 9/15)

Includes: practice wear set (shorts, t-shirt), competition pants and shirt.

Acrobatic Dance: \$125

Additional Season Fees:

TeamGym: \$155

***Not Included If team qualifies for Nationals in Rancho Mirage cost: \$135 ***

Non-Travel Skills camp (This will be an additional non-travel camp along with primary team non-travel camp), competition fees

Cheer: \$439 (Broken into 3 payments of \$146.34 due on 8/15, 10/15, 11/15)

Not Included If team qualifies for Nationals in Las Vegas cost: \$165

Two limited travel cheer competition, coaches time and travel costs, customized music, choreography, one non-travel camp, one travel camp. (Note: will perform both routines at one local event and recital. Both paid in primary team fees.)

NOT INCLUDED IN SEASON TUITION OR FEES:

USA Gymnastics Athlete Yearly Membership: \$69 (due September 1st)

Any entrance fees and travel costs for performances and competitions

Competition Makeup (Must be purchased by November 1st):

Maybelline SuperStay Vinyl Ink Liquid Lipstick: Lippy

Maybelline Expert Wear Eyeshadow Quads: Charcoal Smokes

Covergirl Cheekers: Natural Twinkle

Additional tumbling classes and private lessons are not required but are strongly encouraged, if the athlete. If your athlete is not meeting required skills or planning to tryout for a higher level next season extra practice is recommended

Returning Athletes

Uniform Package: \$190 (Broken into 3 payments of \$63.33 due on 6/15, 7/15, 9/15)

Includes: competition shirt, practice wear set, sweatshirt, bow

Add on Items (not included in above uniform package):

Competition Leotard - \$195.00

Warm-up Jacket - \$60.00

Warm-up Pants - \$60.00

Full-Size Backpack -\$65

Cheer Uniform: \$110

Cheer Shoes: \$38

Competition Bow: \$15

Black Athletic shorts: \$33



All Teams Modified Practice and Tuition for June and July

June Practice Dates: 5th, 6th, 12th, 13th

July Practice Dates: 24th, 25th, 31st, August 1st

Tuition will be billed the first of each month and will be pro-rated to half the amount of monthly tuition.



GENERAL PROGRAM POLICIES

COMMUNICATION

As a parent, you will receive information via email for practice times and the GroupMe app for teams. It is MANDATORY for the responsible party to have these forms of communication NO EXCEPTIONS! Families are asked to please not use the GroupMe app threads as a form of communication amongst each other OR to chat back and forth with other families as it does push the important information back making it harder for the rest of the group to find. Our staff will make every effort to efficiently relay all information in a timely manner. Coaches cannot and should not be approached or messaged during practice times or during competitions. Schedule a meeting regarding any major questions or concerns. A VWEA Staff Member will follow up 1-3 business days. If for any reason a parent or athlete becomes hostile, this includes yelling, rude language or tone, they will be asked to leave, and no makeup meeting will be given.

PAYMENTS

Monthly tuition fees are due by the 1st of each month and will be charged to the card on file. Any payments received after the 1ST will automatically be charged A \$35 late fee to the card on file. All credit/debit card payments can be made online via the parent portal. Parents/guardians will be asked to sign a financial contract agreement at the beginning of the season. Each person signing the contract will be responsible for keeping their account current. Monthly tuition will not be pro-rated for any reason. Accounts must be up to date by the 1st of each month. Any account not up to date by the 1st of the month will result in the athlete being moved to a non-participation position. All fees are non-refundable.

Late Start Policy:

Athletes starting after evaluations must catch up on all past due payments and required to make the total number of monthly Program Payments. Uniform cost after July 25th will increase \$120.00.

All contracts must be signed prior to first practice.

Refund Policy:

Will not be issued if choose to voluntarily leaving the team, injury, removal from the team, merging of teams, or any other reason. Any uniform, performance, competition, and season fees are non-refundable.

FUNDRAISING

There are opportunities to participate in fundraisers that require your effort outside of practice time commitments. All funds earned will be managed by the VW Elite Non-Profit Booster Club unless specified as a gym-wide fundraiser which will go to better the gym. Athletes are expected to participate in mandatory gym fundraising events. If you choose not to participate in a fundraiser, you will be responsible for any/all fees of the item(s) being fundraised for at the time. In the event an athlete cannot or chooses to not complete the season, any/all monies earned through fundraisers, donations, and sponsorships will remain with VW Elite Non-Profit Booster Club and nonrefundable.

BUYOUT CLAUSE

In the event an athlete cannot or chooses to not complete the season for any reason, they will be subject to a \$200 buyout fee. There are no refunds for any uniform or season fees that have been collected. If the \$200.00 buyout fee is not paid within the week following the athletes voluntary or terminated leave from the program, legal action will be taken.

PRACTICES

All athletes are expected to arrive at practice on time, in assigned athletic attire (No jeans, jean shorts, JEWELRY, etc.), and positive attitude. Valley-Wide Elite Athletics assumes no responsibility for lost possessions while in the training facility. Fingernails are to be kept SHORT and filed down during entire season for safety reasons.

ABSENCE POLICY

Any absence outside of scheduled vacation days requires an absence notification form, this needs to be submitted ASAP. Absences are prohibited on a competition or choreography day(s) or within ONE WEEK of a competition date. Keep in Mind that missing a practice may hinder your placement in the routine regardless of reason. Two hours every month can be scheduled for make up practice during clinics or recreational classes. Must be approved by Heidi.

MISSED PRACTICE

No refunds or pro-rated tuition is granted for missed practice time. two hours a month can be made up during Saturday tumbling clinics within 30 days of the missed practice date. It is the responsibility of the parent or guardian to notify VWEA staff of missed practice and schedule missed practice time.

BEHAVIOR

We encourage a positive environment for all families and athletes. If a parent or anyone is observed/overheard speaking negatively about a team, coach, parent, or athlete, he/she will be talked to and/or asked to leave. If this kind of behavior continues to be an issue, the athlete will be removed from the team/ program. We will not tolerate this type of conduct.

UNIFORMS & ATTIRE

If uniform fees are not paid on the due date, the athlete's uniform will not be ordered. Therefore, your athlete will not have a uniform to compete in, thus meaning they will not be participating in any competitions until they have purchased the required uniform. Uniform cost is based on a group rate, so if an athlete misses the order date and must order later, they are subject to an increased fee by the vendor. Uniform must remain in good condition through the entire season or responsible party is at risk of having to purchase a new uniform. Please report any lost or damaged uniform items to your coach immediately. The cost of the replacement items will be the responsibility of the athlete/parent. Uniforms are subject to change from year to year, at the gym's discretion.

TRAVEL/COMPETITIONS

Competition athletes/families will be asked to potentially travel to national events out of state. In this case, a separate rule sheet is handed out closer to the time of competition. Transportation to all competitions is the responsibility of each athlete and his/her family.

If any competition is cancelled or rescheduled, Valley-Wide Elite Athletics will not be responsible for reimbursement for any reason. All team members will wear the Valley-Wide Elite Athletics apparel over their uniform before and after their scheduled performance time and to each function as designated by coaches. Absolutely NO slippers or pajama pants are to be worn at any time while in uniform or at a competition. Hair and Makeup requirements must be adhered to as instructed. In the spirit of uniformity, every athlete shall conform to the hair and makeup choices decided upon by Valley-Wide Elite Athletics. Athletes are expected to arrive performance ready to all designated events/competitions. Performance ready includes hair and makeup completed and dressed in proper attire before arriving at meeting location.

VACATIONS/MISSED PRACTICES

Athletes will be allowed 3 excused absences for the entire season. Any vacation requests must be provided in writing on the absence request form, at minimum 3 weeks prior to the missed practice(s) even if it does not conflict with regularly scheduled practices. Vacations are not permitted during competition season, unless the gym is closed, and the athlete has received approval from their coach months in advance. This also includes missed practices for reasons other than vacations, not listed as excused reasons below. No exceptions!

Any absence without prior approval will be considered unexcused. If an athlete is absent without previous approval from a coach, the absence will be unexcused, and will be charged a \$15 absence fee per unexcused absence. The fees will automatically be charged to the athletes account and are considered due immediately 3 Tardis = 1 unexcused absence. A \$15 absence fee will be added to athletes account due immediately. An athlete is considered tardy if they arrive after the scheduled practice time, or is unprepared for practice. If an athlete is required to be in a specific place at a specific time put forth by Valley-Wide Elite Athletics and they are absent or tardy, a \$15 fee will be added to their account and is due immediately. This includes, but is not limited to: competitions, meetings, extra practices, etc. Missing multiple mandatory events will result in the athlete being moved off the team or out of the program all together.

“NO SHOW NO GO”

An athlete may not, for any reason, miss any practice 1 weeks prior to a competition (this includes any added/extra practice). Non-attendance from 1 missed team practice will result in removal from the upcoming competition/event. NO EXCEPTIONS!

INJURIES

If an injury should occur, it is the responsibility of the parent to seek professional medical help. Each athlete must have his/her own medical insurance. After seeing a physician, please provide Valley-Wide Elite Athletics with an evaluation of the athlete's injury/status. A release from a doctor is required if a serious injury should occur. If an athlete is not released 1 month prior to competition, he/she will be replaced for that competition. Athletes are still required to attend all scheduled practices even if injured.

DISCIPLINE

If any of the listed rules are compromised, the following actions will occur:

- 1st Violation: A meeting with the athlete defining the problem.
- 2nd Violation: A meeting with the athlete & the parent(s).
- 3rd Violation: The athlete may be removed from the team or entire program.

PARENTAL SUPPORT

Your dedication and support are just as important to us as it is to your child. We encourage all parents to sit together and support all teams at all events in/out of the gym. Parents are encouraged to show support by wearing Valley-Wide Elite Athletics clothing to all events. Showing respect for all Valley-Wide Elite staff, other teams, and hosting organizations is expected, as you are representing Valley-Wide Elite Athletics. and your child.

Valley-Wide Elite Athletics SOCIAL MEDIA ACCOUNTS

We use social media platforms such as Facebook, TikTok, Instagram and others to share our sport with the world. Some of our communications are internal, for team planning and positive words of encouragements, etc. Some of our posts are promotional in nature, designed for the public. All communications and posts are with the best of intentions for our athletes and gym as a whole. Upon signing photo/media release, you are authorizing Valley-Wide Elite Athletics to use your athlete's photo/media on above referenced platforms.

IMPORTANT DATES AT A GLANCE

- **MAY 10th Evaluations (if you need a private evaluation please communicate with Coach Heidi)**
- **Placement emails will be sent out within 72 hours after evaluations**
- **June Team Reveal and Parent meeting**
- **June Season begins June and July modified practice**
- **July 18-19 Travel Cheer Camp (At Tahquitz High School, Hemet)**
- **August TBA: All teams non-travel camps**
- **October Travel camp TeamGym**
- **November date TBA: Tahquitz High School Showcase Performance all teams**
- **December date TBA: Fuzzy Sock TeamGym Meet, VWEA Winter Showcase all teams, Cheer Teams Competition**
- **January Travel Camp TeamGym**
- **February 13 & 14 TeamGym Mega Meet Las Vegas (Level 2 and up), February Cheer Teams Competition Las Vegas**
- **March Cheer Competition**
- **April TeamGym Meet, Travel Camp TeamGym**
- **May TeamGym Meet, End of year recital all teams**
- **June Banquet and Awards Ceremony all teams**

All Camps are mandatory for competition athletes, NO refunds or make up practice time if missed

**Full preformance & comp schedule will be released in September
Please note dates are subject to change, these are 3rd party vendors**

VWEA Vacation Days

July	June 13 -July 23rd Summer Break
August	Aug. 29th-Sep 1st Labor Day Weekend
October	Halloween October 31st
November	November 27th and 28th Thanksgiving
December	December 21st-January 2nd Winter Break
February	February 13th-16th Presidents Week Mega Meet 14th-15th
April	TBA Spring Break
May	May 22nd - 25th Memorial Weekend

Any absence outside of scheduled vacation days requires an absence notification form, this is required to be submitted ASAP.

Absences are prohibited on a competition or choreography days or within ONE WEEK (or 1 practice) of a competition date.

Keep in Mind that missing a practice may hinder your placement in the routine regardless of reason.

PRINT ALL INFORMATION CLEARLY



2025-2026 EVALUATION FORM

Athlete Full Name: _____

Athlete Birth Date: _____

Current Age: _____

T-Shirt Size (circle): CXS CS CM CL CXL AS AM AL AXL

Team or Teams Interested In (circle):

TeamGym

Cheer

Acrobatic Dance

Does your athlete want to Double Dip (circle)?

Yes

No

Unsure at this time

Parent Name: _____ Parent Phone Number: _____

Parent Email: _____

TO BE COMPLETED BY VALLEY-WIDE ELITE ATHLETICS STAFF

Tumbling Skills:

Jump Skills:

Vault Skills:

Cheer Stunt:

Notes: